

Feeding Guidelines

1. Make sure the consistency written on the resident's dietary card matches exactly what is on the tray.
2. Provide small bites and small sips.
3. Alternate liquids and solids.
4. Feed at a slow rate.
5. Make sure patients head is at midline during meal.
6. Make sure the resident is seated upright while eating.
7. Make sure mouth is clear between bites of food.
8. If resident is coughing/choking, stop feeding until resident is no longer coughing and notify nursing and the speech therapist.