

## Dining Inservice for

- Ms. will eat lunch downstairs in the Memory/Activity Room 7 days/week.
- Allow Ms. to feed herself as tolerated, especially when her meals involve finger foods.
- Assist Ms. with feeding when her meals involve using a fork or spoon. This may just mean placing food on the fork or spoon, or she sometimes may need assistance with bringing the food from the utensil to her mouth.
- Ms. eats slowly. Allow at least 45 minutes for her to complete her meal.
- Provide Ms. with additional water during her meals. She enjoys drinking and uses this as a strategy to clear her mouth while eating.

Thank you,

Speech Language Pathologist

