

Tender Touch  
Assessment of Clinical Competency



Therapist's Name: \_\_\_\_\_  
 Reviewer's Name: \_\_\_\_\_  
 Reviewer's Title: \_\_\_\_\_

Physical Therapy Competency –page 2	Date	Met	Not Met	N/A	Reviewer Initials	FollowUp Date
Assistive Devices						
Prosthetic/Orthotic Training						
Physical Agent Modalities (Specify)						
Therapist applies hot/cold packs correctly and is aware of precautions and contraindications and Tender Touch policy and procedure.						
Pain Management						
Edema Management						
Cognition						
Coordination						
PNF/NDT Techniques						
Joint Mobilization						
Tone						
Therapist is compliant in offering treatment according to MD orders, frequency and duration, and according to plan of care						
Therapist offers the appropriate amount of physical support, guarding and cueing during patient treatment						
Therapist positions the patient correctly and comfortably during treatment						
Therapist adapts and/or modifies the treatment according to the patient 's response and/or progress.						
Therapist discharge patient appropriately. Therapist provides appropriate patient/caregiver education						
Therapist uses proper body mechanics while evaluating or treating patients.						
Therapist is aware of patient /facility emergency procedures						
Therapist is compliant with universal precautions						
Therapist practices proper isolation and/or sterile procedures						
Therapist adheres to hand washing policy						
Therapist demonstrates competency in screening residents for need for skilled PT intervention						
Therapist adheres to all policies and procedures regarding appropriate billing practices						
Therapist demonstrates knowledge of Medicare, Medicaid and alternative funding sources guidelines and restrictions						
Therapist's documentation is comprehensive and according to all Medicare guidelines						
Other						
Other						
Other						